



Dr Damir Shakambet MD, MBRCP, MRSPH, FBSBM; graduated as a Medical Doctor in 1984. After working as a GP, Dr Shakambet embarked on an exploration of numerous drug-free medical disciplines. He has mastered Acupuncture, Chinese Herbology, Nutrition, Homeopathy, Homotoxicology, Hypnotherapy, Psychotherapy, Bioenergetics, Chiropractic techniques, Bodywork and Bioresonance therapy; which he incorporated into his practice of medicine. As a result, Dr Shakambet developed a uniquely Integrated Bioregulatory Therapy for chronic degenerative pathologies, with a particular success in treatment of chronic backache and arthritis.

His extensive experience in the Bioregulatory Medical model naturally led him towards applying similar approach in the field of Aesthetic Medicine. Motivated by excessive use of aggressive procedures such as Botox and Plastic Surgery, Dr Shakambet formulated his authentic anti-age and aesthetic technique, referred to as the Biofacelift.

In 1995, Dr Shakambet co-established the Biomedic Centre, where he is practicing today, as well as the Biomedic Foundation, a medical educational and research charity. He is the Principal of the Academy for Bioregulatory Medicine, a chairman of The British Society for Bioregulatory Medicine and the editor of the Annual British Homeopathic Formulary. Being a pioneering Doctor in the field of Bioregulatory Medicine, Dr Shakambet is a prominent speaker at world's medical conferences and lectures widely.

## Biomedic Centre

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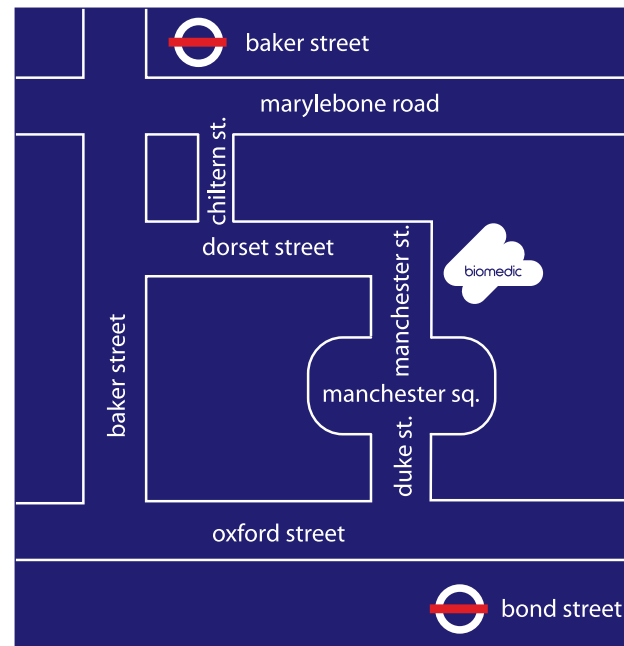


## Parking

There is a metered parking in front of the centre and the NCP garage in nearby Chiltern Street is open 24 hours

## Underground

Baker Street and Bond Street tube stations are a couple of minutes walking distance





Biomedic Foundation is a registered educational charity that runs the **Academy for Bioregulatory Medicine**. The Academy teaches several certificate courses and two postgraduate diploma courses each year. All courses are held at the Biomedic Centre, which is a pioneering clinic for applied Bioregulation, established in 1995 by Dr Damir Shakambet and Dr Tatyana Bosh.

## Bioregulatory Aesthetic Medicine

Bioregulatory Aesthetic Medicine teaches natural techniques for skin rejuvenation that reduce the formation of wrinkles, cellulite, pigmentations, swellings and inflammations. Those techniques also stimulate one's inner capacity to repair damaged tissue and restore its elasticity, firmness and tonicity; giving the skin a healthy and beautiful glow.

The **Biofacelift** is an authentic technique for Aesthetic Bioregulation, which is formulated by **Dr Damir A Shakambet**.

By activating homeostasis and removing factors of homeostatic dys-regulation, the Biofacelift achieves combined **botox-like and surgical-facelift-like effects, in a safe and non-invasive way**.

## Biofacelift Treatment

The Biofacelift is a therapeutic method formulated to **reduce wrinkles** and achieve a **radiant facial expression**. It removes stressors from facial skin, stimulates cellular enzymes and activates local fibroblasts to increase natural production of collagen.

The Biofacelift treatment combines general detoxifying principles with Acupuncture, Mesotherapy, Massage of facial Musculo-Connective tissue and Lymphatic Drainage.

The treatment may also involve additional therapeutic measures, such as specific diet recommendations and supplementations.

For optimal results, five weekly sessions are usually recommended, with occasional monthly boosters. Each Biofacelift session lasts one hour.

***The Biofacelift is a healthy alternative, as well as a complement to surgical aesthetic procedures and botox.***

## Biofacelift Certificate Course

The Biofacelift Course is established for Health and beauty therapists and aesthetic specialists, who wish to learn new techniques for natural skin rejuvenation. It is an intensive **three days certificate course** that teaches theory and practice of the Biofacelift technique. The course attracts **CPD points**.

## Treatment Protocol

During this course, you will learn the following techniques for skin rejuvenation:

**Facial Acupuncture** involves insertion of very fine needles into acupoints. It energises the skin and improves its musculo-connective tonicity, contributing to the regeneration of the skin.

**Aesthetic Mesotherapy** is a method of injecting complex homeopathic remedies and micronutrients into skin, such as collagen or hyaluronic acid. Those remedies stimulate mitochondria and fibroblasts, which results in increase of collagen production and cellular regeneration. Unlike externally applied creams, which do not cross the skin barrier, Mesotherapy injects therapeutic stimuli directly into the site of metabolic action.

**Musculo-Connective Facial Work** is a delicate manual procedure that releases increased skin tension and softens the facial lines and wrinkles, contributing to the overall healthy and radiant facial expression.

**Lymphatic Drainage Massage** helps in removing embedded toxins and metabolic waste, which facilitates rejuvenation of the skin and improves its radiance.

***For more information please contact the Biomedic Centre or download the Prospectus available at [www.biomedic.co.uk](http://www.biomedic.co.uk)***