

Dr Shakambet is an Integrative medical doctor, and founder of the bioregulatory medicine, which is based on the body's inherent capacity to repair damaged tissue by self-healing or Homeostasis.

Born into a medical family and after qualifying as a medical doctor he embarked on exploring various naturopathic disciplines (Acupuncture, Homoeopathy, Homotoxicology, Postural and Chiropractic techniques, Psychology, Nutritional, Herbal and detoxifying principles), in order to unify them all into the Biomedic system of health care. The Biomedic system is practiced at Biomedic Centre in London which he co-founded with Dr Bosh twenty years ago.

While practicing integrated medicine in chronic and degenerative patients, he postulated scientific foundation of Bioregulatory medicine and established a first Diploma Course in Bioregulation and main textbook on the topic.

His long clinical experience in reactivating homeostasis in chronic patients, creating awareness and need for environmental and Preventive medicine. Motivated by aggressive aesthetic methods he has created a natural and non-pharmacological approach to rejuvenation and aesthetic medicine.

Dr Shakambet is a founder principal of the Academy for Bioregulatory medicine, main editor of the British Homoeopathic Formulary, University lecturer, prominent speaker at Antiage conferences and member of the Royal Society for public health.



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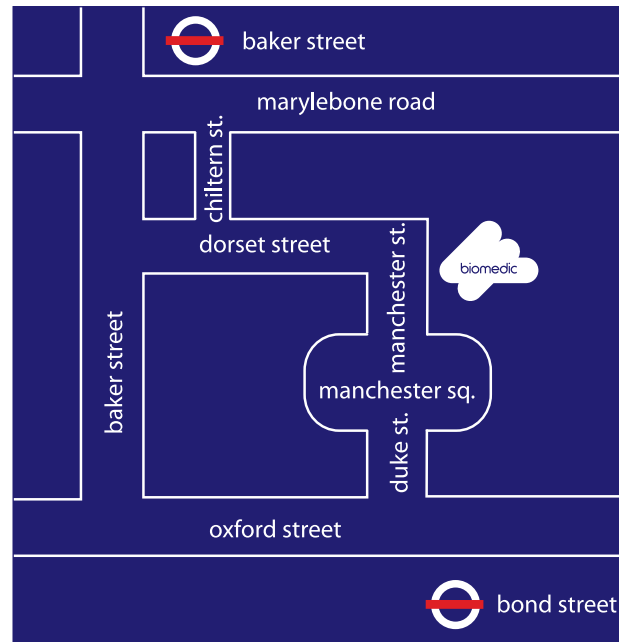


Parking

There is a metered parking in front of the centre and the NCP garage in nearby Chiltern Street is open 24 hours

Underground

Baker Street and Bond Street tube stations are a couple of minutes walking distance



 **Bio facelift**

biomedic
aesthetic medicine



Bioregulatory Medicine

Bioregulatory medicine is a new medical paradigm, which explores treatment beyond pharmacological and surgical approach. It is based on Health rather than on disease, with the objective to stimulate the body's self-regulatory mechanism of Homeostasis, which is capable of restoring optimal health and vitality in a natural way.

Biomedic Centre has been established for twenty years, and provides Integrative medical protocols and wholistic treatment based on the bioregulatory paradigm.

Aesthetic Bioregulatory Medicine

Aesthetic and Anti-age Bioregulatory medicine specialises in natural methodologies for **facial skin rejuvenation**. It removes wrinkles from tired and ageing skin and delivers **Botox-like effect**. It also tightens the skin by increasing the natural production of collagen and removes congestion and muscles strain, creating a natural face lift effect, without surgery.

Dr Shakambet is a founder of the bioregulatory medical concept and has devised bioregulatory treatments in aesthetic medicine, motivated by excessive use of aggressive aesthetic procedures. He has built on natural beauty treatments of Dr Hauchka and formulated an authentic anti-age aesthetic technique, referred to as the Bio facelift.

Bio-facelift

Bio-facelift is a therapeutic method formulated to achieve a radiant and wrinkle-free facial expression, while at the same time increasing the level of overall health.

Bio-facelift removes stressors from skin and activates local fibroblasts to increase the production of collagen. The method additionally stimulates skin regeneration by increasing the activation of skin cellular enzymes and ATP (adenosine tri-phosphate) formation. The result is a beautifully rejuvenated skin with visible reduction of wrinkles.

Bio-facelift consists of Mesotherapy and Homeo-acupuncture, which is applied in conjunction with facial musculo-connective work and the lymphatic drainage massage.

The treatment may also involve some additional therapeutical measures, such as nutritional advice, supplementation and detoxification. Improvement of tissue oxygenation, restoration of nutritional deficiencies and elimination of deeply stored tissue toxicities, which are restorative strategies that improve general health and contribute to beautifully glowing skin.

Bio-facelift has a gradual and cumulative effect. Although individual treatments are available, the best results are obtained by course of eight treatments. The course of treatments starts with twice weekly, followed by maintenance treatments. Each treatment lasts one hour and cost £120.

Treatment methodology

Bio-facelift is a complex aesthetic medical technique which consists of muscle and lymphatic manipulative techniques, combined with stimulating skin homeostatic reserves by acupuncture and mesotherapy.

Facial acupuncture

Acupuncture is an ancient method of inserting exceptionally fine, hair-like thin needles into points which results in toned and rejuvenation effect.

Mesotherapy and Homeopuncture

Bio-facelift is based on homoeopathically prepared compounds which regenerate and stimulate the skin. Mesotherapy applies homeopathic remedies which regenerate the skin by increasing signalling of collagen producing Fibroblasts and ATP energy source from mitochondria. Remedies are injected by special technique to create facelift effect.

Facial Musculo-connective work

Strain of the Facial muscles creates wrinkles via connective tissue and very precise manual work is needed to relieve tissue stress and smooth out wrinkles.

Lymphatic Detoxification

Lymphatics drainage removes toxic cellular waste and prevent free radicals skin damage. Detoxifications removes deeply embedded toxic waste from the deeper cell matrices.